

Course: DNCE 449 Dance Pedagogy: Children and Youth**Unit Block Time Plan:** Commercial Jazz Technique for Children aged 12-14 years**Created by:** Jasmine Sun, Faith Friesen, Allison Vliet, Rachel Merchant

OVERVIEW				
Class: Commercial Jazz Technique Class		Population: Children aged 12-14 years		Grade/level: Intermediate
Unit name: Formatting technique (unit 1)				
BLOCKS				
Lesson 1 (Foundations of Jazz and Movement) —————▶				Lesson 2 (Refining Technique and Choreographic Integration)
Session 1 Enter Intro (Attendance and review of safe and respectful behaviors, introduction of Jazz history) Warm-up (Core-distal and head-tail movement patterns, and using breath as energy and expansion/contraction) Explore Concept (Utilizing body-side, cross-lateral, vestibular movements through different qualities, textures and time signatures from key pioneers e.g., Bob Fosse) Develop and Review Skills (Using different across the floor exercises: Intermediate positions, turns on the spot and traveling, locomotor/travelling steps.) Cool Down (Gentle stretching, and reflective group discussion on progress and goals) Exit (Positive affirmations and high-fives)	Session 2 Review lesson Developing: <ul style="list-style-type: none">- Turns (retiré, tendu, Jazz fourth, Jazz second)- Traveling locomotor movements- Levels (across the floor: all three levels)- Tempo/timing (working on 6 count time measures) New: Laban movement efforts (introducing the qualities and having the dancers try the movements in a phrase, then have a discussion and identify where some of those efforts are already implemented in our material)	Session 3 Review lesson Developing: <ul style="list-style-type: none">- Laban movement efforts (Improv game)	Session 4 Review lesson Review: <ul style="list-style-type: none">- Jazz history (timeline of development, locations and key pioneers, e.g., Kathrine Dunham, Bob Fosse, and the Lindy Hop Dancers)- Kicks (front, side, back, fan)- Locomotor jumps (split leaps, spring runs, traveling Russians) New: <ul style="list-style-type: none">- Stationary Jumps (double attitude, assemblé, static Russian) Create: <ul style="list-style-type: none">- Formations (dancers work together in groups to create formations to be used in next class)	Session 5 Enter Intro (Attendance and wellness check) Warm-up (Focusing on tempo and timing) Explore Concept (Core-distal and head-tail movement patterns, and using breath as energy and expansion/contraction) Develop Skills (Across the floor: kicks, stationary and travelling jumps) Informal assessment: <ul style="list-style-type: none">- Intermediate positions- Turns on the spot and travelling) Create (Create 4 8s using concepts and skills learned previously, with formations created the previous class) Cool Down (Gentle stretching, and reflective group discussion on progress and goals) Exit (Positive affirmations and high-fives)
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Session 6 Review lesson Developing: Group dances (facing the back of the room, cleaning, etc.)	Session 7 Review lesson New: <ul style="list-style-type: none">- Introduction of ISTD isolations and exercise combining popping, locking, articulation and isolations- Introduction of drills/breakdowns of barrels, turning axils, Baryshnikov Informal assessment: <ul style="list-style-type: none">- Showcase of group dances	Session 8 Review lesson Informal assessment: <ul style="list-style-type: none">- Kicks- Traveling locomotor movements- Locomotor jumps- Stationary jumps- Laban ME- Tempo/timing- Spatial relationships Developing: <ul style="list-style-type: none">- Isolations (popping, locking, articulation, isolation)- Turning jumps (barrels, turning axils, Baryshnikov turns, chasses coupes)	Session 9 Enter Intro (Attendance and wellness check) Warm-up Review concepts (Across the floor exercises, group dances, and have a discussion about Jazz history) Create (Teacher and students collaboratively create a combo using concepts and skills learned previously) Cool Down (Reflective group discussion on progress and goals) Exit (Positive affirmations and high-fives)	Session 10 Review Lesson Developing: Group dances and combo (student feedback: showing dances to each group and talking about where to improve and stylize more)
Lesson 4 (Progression and Assessment)				
Session 11 Review lesson Review: <ul style="list-style-type: none">- Review group dances and combo to prepare for performance	Session 12 Family & Friends Viewing Day Perform lesson Review for assessment: Intro (Provide an overview of Jazz history including a timeline, elements, influential figures, etc. to family & friends) New: Sails and fouettés (dancers first try the basis of the movement at the barre)	Session 13 Enter Intro (Attendance and wellness check) Warm-up Review for assessment: <ul style="list-style-type: none">- Recognize, write and demonstrate intermediate Jazz positions- Across the floor and center exercises: stationary/travelling turns/jumps, kicks, and travelling steps- Use of body-side, cross-lateral,	Session 14 Review Lesson Quiz: <ul style="list-style-type: none">- Stationary jumps- Locomotor jumps (Dancers learn and demonstrate a sequence of jumps in groups, and are provided feedback from both teacher and peers) Informal assessment: <ul style="list-style-type: none">- Jazz history (Dates, locations, choreographic/aesthetic elements, influential figures, etc.)	Session 15 Assessment day: Test: (Students will be put into small groups for assessment) <ul style="list-style-type: none">- Demonstrate and write out intermediate Jazz positions- Demonstrate turning sequences across the floor and in center with travelling steps- Demonstrate kicks in center and across the floor

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		<p>vestibular movements through different qualities, and textures</p> <p>Developing:</p> <ul style="list-style-type: none">- Travelling jumps - split leaps, spring runs, traveling Russians- Sails and fouetté (more complex barre exercise)- Spatial relationship (formation game) <p>Cool Down (Stretching, and reflective group discussion on Family & Friends Viewing Day)</p> <p>Exit (Positive affirmations and high-fives)</p>	<ul style="list-style-type: none">- Using breath as energy and through expansion/contraction- Core-distal and head-tail movement patterns, using throughout different levels- Use of body-side, cross-lateral, vestibular movements through different qualities, and textures- Turning jumps (barrels, turning axils, Baryshnikov turns, chasses coupes)- Execution of movement: stationary and traveling movements- Spatial formations (center formations: staggered lines & across the floor: on diagonal and horizontally) <p>Verbal feedback: what we see the dancers working on and where they can improve before the test.</p>	<ul style="list-style-type: none">- Identify and clap out musical signatures- Perform group dances and combo <p>Cool Down (Stretching, and reflective group discussion on assessment day)</p> <p>Exit (Positive affirmations and feedback sheets will be handed out)</p>
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